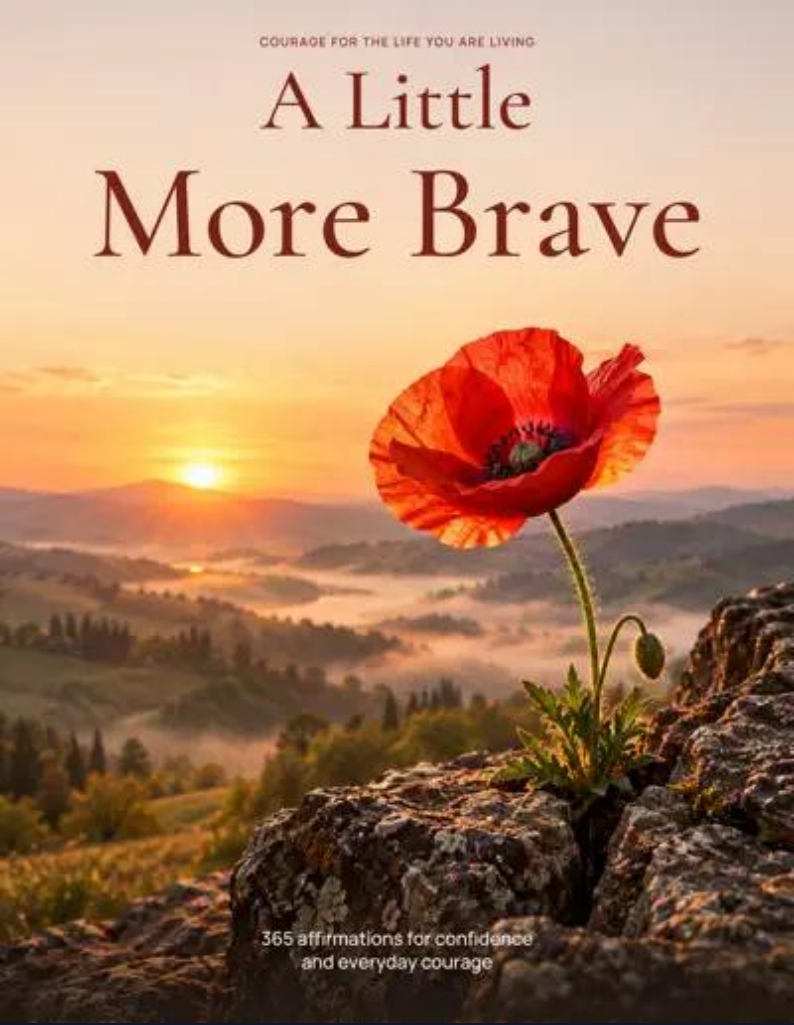
COURAGE FOR THE LIFE YOU ARE LIVING

A Little More Brave



365 affirmations for confidence and everyday courage

A Little More Brave

by **PixelTreasureBox**

BOOK DESCRIPTION

Some days, brave is walking into a room where you know nobody. Once you're there, it might mean letting yourself be the quiet one.

A Little More Brave offers 365 short, first-person affirmations for moments when confidence feels a step behind you. The pages move through beginnings, kindness and belonging, making space for the person who is still finding their voice. One line reads, "My presence can matter even when I am not entertaining anyone."

Read a page before the conversation you've been putting off, or choose a line to keep in your pocket for the walk there.

Download the full book in EPUB or PDF format:

Download on Tanpapena →

https://tanpapena.com/403020-a-little-more-brave-pixeltreasurebox