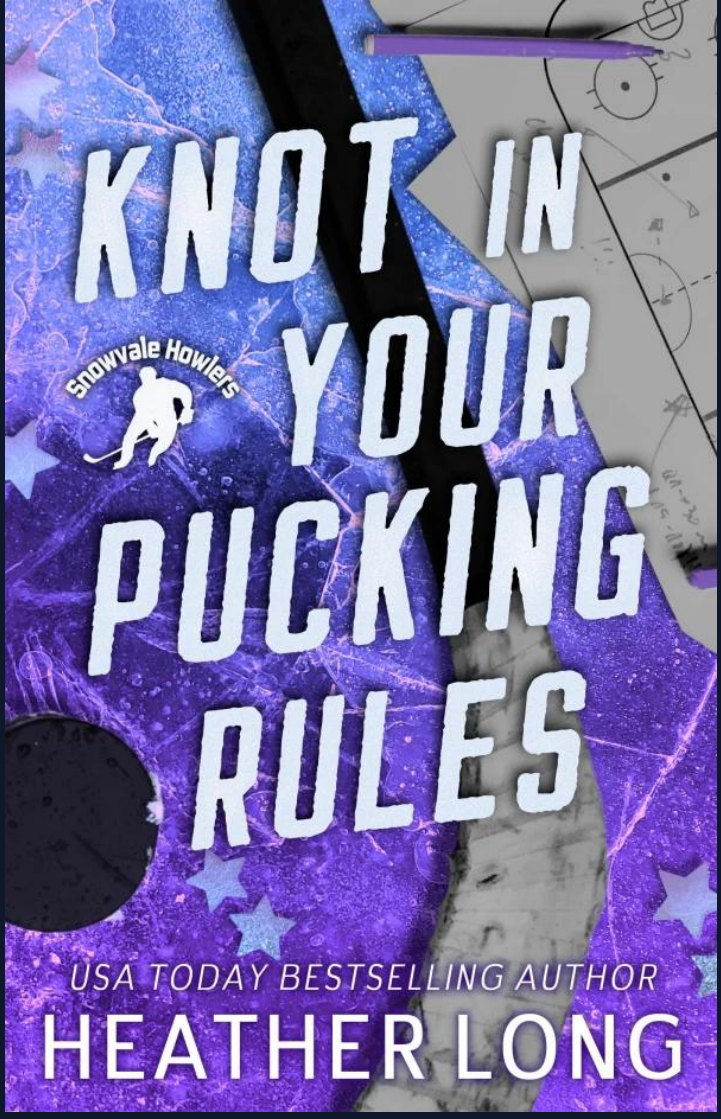
KNOT IN YOUR PUCKING RULES
Snowvale Howlers
USA TODAY BESTSELLING AUTHOR
HEATHER LONG

# Knot In Your Pucking Rules

by **Heather Long**

## BOOK DESCRIPTION

A Snowvale Howlers Omegaverse Novel

Kincaid Belcourt was raised to believe instinct is law.

So he learned to cage his.

Snowvale trades for him anyway.

Assistant coach Avery Greer is an omega who refuses to step off the ice. She's done suppressing. Done shrinking. Done following rules built to keep omegas quiet.

When the league rolls out an "Omega Safety Initiative" and a buried scandal ties Avery to the Howlers' ruthless owner, the press smells blood.

Kincaid's instincts want to claim.

Avery refuses to be owned.

Rookie beta Pax Castillo refuses to stand on the sidelines.

As Kincaid's past resurfaces—a pack built on entitlement and control—the three of them make a choice that could

burn everything down.

They won’t hide from heat.

They won’t run from rut.

They won’t follow the rules.

They’ll write their own.

A slow-burn, consent-forward MFM Omegaverse with a rut-suppressed alpha, an omega coach who won’t leave the ice, light MM, political scandal, and bonds forged by choice—not instinct.

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