SMALL LESSONS FOR AN OPENHEARTED LIFE

# A Little Wiser



365 days of perspective, possibility and everyday wisdom

# A Little Wiser

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## BOOK DESCRIPTION

When someone tells you about a problem, how quickly do you start solving it? One page in A Little Wiser offers a small experiment: ask if they want help before you take charge. Another turns to the task on your desk and the habit of judging today's work by everything you've ever done.

These 365 brief reflections bring questions of work, friendship and starting over down to the scale of an ordinary day. A page takes a moment to read. The interesting part comes later, when you're halfway through giving advice and remember you could ask a question instead.

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